

Rush More medical form

Has the participant had any of the following?

Asthma or bronchitis	Yes	No	Allergies to any known medication	Yes	No
Heart condition	Yes	No	Any other allergies, eg material, food, plasters	Yes	No
Fits, fainting or blackouts	Yes	No	Other illness or disability	Yes	No
Severe headaches	Yes	No	Travel sickness	Yes	No
Diabetes	Yes	No	Regular medication	Yes	No

If the answer to any of these questions is Yes, please give details:

Has the participant received vaccination against Tetanus in the last 10 years? Yes No

Is the participant receiving medical or surgical treatment of any kind from either their family doctor or hospital? Yes No

Has the participant been given specific medical advice to follow in emergencies? Yes No

If the answer to either of the last two questions is Yes, please give details here (including name and dosage of any medicines/tablets):

In the event of any illness or medical treatment occurring after the return of this form and prior to the activity, I undertake to inform the group leader.

Have you already applied for a free Rushmoor Young Persons Bus Pass? Yes No

Signed
Person with parental responsibility

Please print name here

Date

Consent for taking images and video

During the scheme we are likely to take pictures and videos. We would like to use these in presentations, displays or in our own booklets, newsletters or publicity.

In the event of any images of my child/me being taken, I consent to them being used for educational and publicity purposes. Yes No

I consent to the images being used on Partnership Agency websites Yes No

Signed
Person with parental responsibility

Date

Disclaimer:
Please tick this box if you do not wish us to share your information with partners of the Rush More programme.

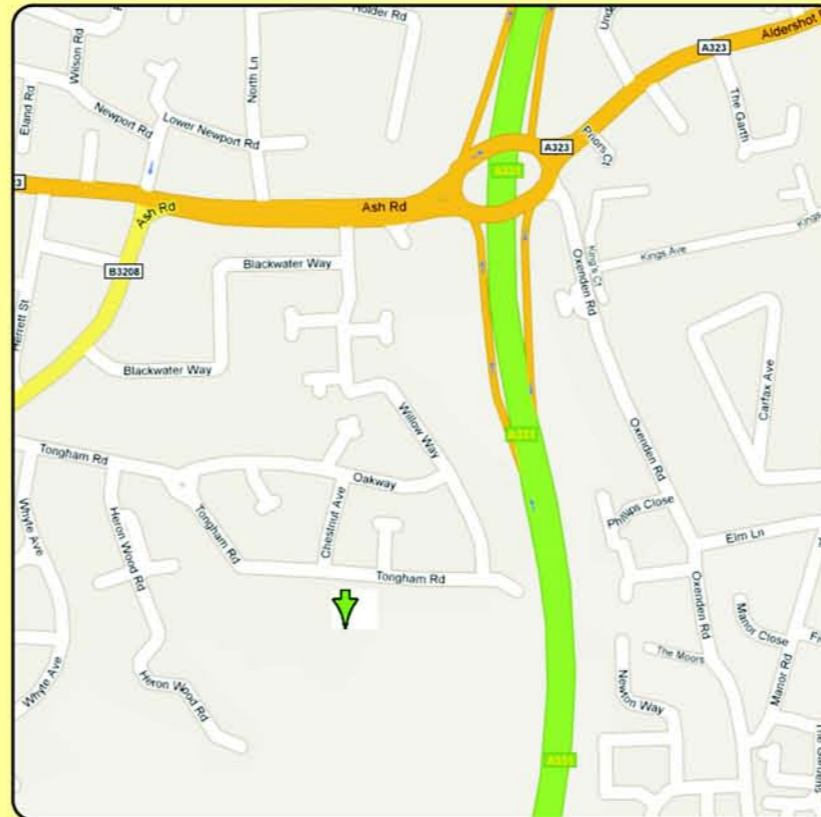
Just come along whenever you please. It's all free. Bring some friends too!

Venue
Capricorn Youth Centre
Connaught Campus
Tongham Road
Aldershot
Hampshire
GU12 4AS

26 July – 20 August
(weekdays only)

Opening times

1200- 1600 for everyone between 11 and 16 years old



Transport:

Free Stagecoach bus passes to use to get to Rush More are available for everyone who registers and returns the consent form (attached to this leaflet). + a SAE if you would like us to send the pass to you before the scheme starts.

You just need to send us a passport sized photograph of your face attached to your consent form. Please write your full name and DOB on the back of your photo. Alternatively, you can collect your **free bus pass** on the first day when there will be a camera to take your photo on the spot.

To get to the Capricorn Youth Centre use the No. 15 bus service from Aldershot bus station leaving every ¼ of an hour. From Farnborough use the No.1 bus service to Aldershot bus station.

IMPORTANT NOTES FOR PARENTS:

- Please fill out the attached consent form and send to: Employee Volunteering CiC - 51a High Street, Odiham, Hook, Hampshire RG29 1LF
- This is a FREE drop in scheme
- Drop in means that your child is free to leave the scheme when they want to and We are not responsible for them outside of the venue.
- To reduce costs we will not confirm receipt of your form, but look forward to seeing your child on or after the 26th July.
- For Health and Safety reasons places maybe limited according to circumstances .
- There will be FREE water available at all times
- Please provide your child with snacks/sandwiches and sun block

RUSH MORE

Get More From Your Summer

Free for 11 - 16 year olds
in **Rushmoor**

Guildford Heat Basketball
Street Dance
Kayaking
Skiing
Arts + Crafts
BBQ
Football
And much much more....

FREE transport to and from the venue

Monday 26th July - Friday 20th August
The Capricorn Club, Connaught Leisure Centre
12noon till 4pm (Mon - Fri)

Register online at: www.employeevolunteering.co.uk



Fill in the form attached...

Or text us on: 07818 088 395



*Timetable is subject to change - many more activities being booked as we speak!

Monday	Tuesday	Wednesday	Thursday	Friday
July 26th Guildford Heat Basketball Football Rounders Living Science	July 27th Street Dance Showdown Theatre Arts sport unlimited Badminton & Table tennis Skiing	July 28th visit "QBOT & Blues" Rushmoor Fire Service sport unlimited Badminton & Table tennis	July 29th DJ Workshop sport unlimited Badminton & Table tennis Aldershot Town Football Club	July 30th West End Centre Drama Fashion Workshop Pottery Workshop (50 places only)
August 2nd Street Dance Showdown Theatre Arts Arts & Sports Aldershot Military Museum Trip	August 3rd DJ Workshop sport unlimited Badminton & Table tennis Aldershot Town Football Club	August 4th Street Cheer Gremlin Dance GPS Treasure Hunt Bike Maintenance Workshop	August 5th Guildford Heat Basketball Pool Tournament Skiing	August 6th TAG Airport Visit Aviation Fire & Rescue Living Science
August 9th Guildford Heat Basketball Kayaking	August 10th Street Dance Showdown Theatre Arts GPS Treasure Hunt Kayaking	August 11th Living Science Arts & Sports Kayaking	August 12th Music Workshop Aldershot Town Football Club Kayaking	August 13th IBM Fun day Kayaking
August 16th Street Dance-Showdown Theatre Arts GPS Treasure Hunt Bike Maintenance Workshop	August 17th Beatboxing workshop Aldershot Town Football Club	August 18th Runways End Outward Bound trip Climbing, Archery, Tunnelling (50 places only)	August 19th Living Science Skiing Guildford Heat Basketball	August 20th Party Day BBQ Gremlin Dance Football & Rounders Street Cheer Pool Tournament

Rush More 2010 consent form

Please complete both sides, detach & return to address below.
 Rush More Scheme Monday – Friday 26th July – 20th August 2010

Personal details

First name of participant Surname

Date of birth Age Male / Female

Address

..... Post code

For future funding opportunities, How long have you lived in the UK? Years..... Months.....

Name of next of kin

Next of kin address during scheme (if different from above)

..... Post code

Contact no: Home Work Mobile

Email:.....

School:.....

Name and address of participant's doctor

Telephone no NHS no (if known)

Consent for Rush More activities.

I confirm that I have parental responsibility for

He/she is in good health and I consider him/her to be capable of taking part Rush More activities.
 I consent to him/her taking part in the scheme.

In the event of illness or accident, I consent to any necessary medical treatment, which might include the use of anaesthetics.

I agree that I will be liable for any deliberate damage to the venue or its contents caused by the above named participant.

Signed.....

Please print name here

Address

..... Post code

Name of Housing Association if applicable:

- | | | | |
|----------------------------------|---|---|--|
| White <input type="checkbox"/> | Black or Black British <input type="checkbox"/> | Asian or Asian British <input type="checkbox"/> | Mixed <input type="checkbox"/> |
| British <input type="checkbox"/> | Caribbean <input type="checkbox"/> | Indian <input type="checkbox"/> | White & Black Caribbean <input type="checkbox"/> |
| Irish <input type="checkbox"/> | African <input type="checkbox"/> | Pakistani <input type="checkbox"/> | White and Black African <input type="checkbox"/> |
| | | Bangladeshi <input type="checkbox"/> | White & Asian <input type="checkbox"/> |

Other Ethnic groups
 Nepalese Chinese Polish Portuguese Shona Philipina/Philipino Other

In order to register for a place on Rush More please return this form to:
 Employee Volunteering CiC
 51a High Street, Odiham, Hook, Hampshire RG29 1LF